

## **Dear Fellow Traveler,**

Thank you for joining us on our annual pilgrimage to Teotihuacan! To make sure you have a wonderful trip, following is some helpful information.

### **Important Dates and Times**

- √ **January 31, 2012:** Non-refundable \$300 Deposit Due
- √ **February 10, 2012:** Application and Final Payment Due
- √ **February 21, 2012:** Arrive in Mexico City Airport. Group bus to Teotihuacan departs at 4:00 PM\*
- √ **February 26, 2012:** Depart for Mexico City Airport at 12:00 PM (flights depart at 3:00 PM or later)\*

\* If you plan to spend extra nights at the Dreaming House in Teotihuacan before or after the trip, let us know and we will arrange for the additional nights. You will be responsible for paying for these nights. The cost is generally \$65-\$90 US per night per room (not including meals).

\* Please note that if you are unable to schedule your flight arrival and departure to meet the group transportation schedule, we will arrange for your ride between the airport and the hotel. However, you will be responsible for paying the driver. The cost is generally \$65-\$80 US depending on when you need the ride. We will match you with other travelers whenever possible which would allow you to share the cost.

### **Payments**

Please make payments to **Toltec Dreaming**. We also accept MasterCard and Visa. The total cost of the journey is \$995.00 US per person double occupancy. A deposit of \$300.00 is required to confirm your registration. There is a single room supplement of \$180.00. Single rooms are subject to availability. Payments will be collected by Merle Preston.

### **Mailing Address for applications & checks**

**Merle Preston**  
**3766 31st Street #5**  
**San Diego, CA 92014**

### **Phone Number for Credit Card Payments & Information**

**Merle Preston**  
**619-507-0371**

### **Packing**

Please see the enclosed "Please Don't Forget Me List."

### **Arrival To and Departure From Mexico City**

Our journey together begins in Mexico City, Mexico. You are responsible for your own transportation to and from the Mexico City airport. Once you arrive and pass through immigration and customs, we take care of getting you where you need to be! Plan to be at **Wings Restaurant** in the International Arrivals area at the Mexico City airport by **3:30 PM on February 21, 2012**. Please wait in front of the restaurant Wings and stay with your luggage at all times. If you get into Mexico City early, feel free to go to a restaurant and eat, but always have your luggage with you and plan on checking in with the group on time. Please arrange your outbound flight from Mexico City on **February 26, 2012 any time after 3:00 PM**. If you are unable to use the group transportation, please indicate your situation on the trip application. We will make whatever arrangements you need, but you will be responsible for the cost of transportation. Please see the trip application page 2 for more transportation information.

### **Money**

It is a good idea to have money changed from dollars to pesos while you wait for the group. There are several good exchange kiosks in the airport near the Wings restaurant or you can withdraw pesos from the ATM.

Please note that after breakfast we go out for the day and often do not get back to eat until after 3:00 PM. If you need to eat before then, make sure you have power bars, nuts, trail mix or whatever you need to take care of your body! Also note that purchasing water everyday is a necessity since the water in Mexico is not drinkable. (also the Dreaming House provides safe drinking water included in accommodations - so it's a good idea to bring a water bottle to fill everyday)

### **Daily Itinerary**

If you notice, we never publish a detailed program schedule for any event. The reason is that our trip leaders teach from Spirit as it guides them, and that is always changing! Depending on the group energy, the program may shift in any direction. Please trust that magic will happen at every event and put your "voice of knowledge" and "need to know" at rest.

**Be assured that we have a wonderful journey planned for you. We look forward to a most exciting adventure together!**

## Trip Application

Please print your name and information carefully and legibly.

Name of trip: **Barbara Emrys Teo February 2012**

Your full name \_\_\_\_\_  
(as it appears on your Passport)

Your full name for name tag \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

Office Phone ( ) \_\_\_\_\_

E-mail \_\_\_\_\_

Fax \_\_\_\_\_

(used for trip communications)

Occupation \_\_\_\_\_ Marital Status \_\_\_\_\_

Sex \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Citizenship \_\_\_\_\_

Birth date (month/day/year) \_\_\_\_\_

Birthplace \_\_\_\_\_

Passport Number \_\_\_\_\_ Place of Issue \_\_\_\_\_

Date of Issue \_\_\_\_\_

(must be valid for 6 months after date of arrival)

### Emergency Contact Information

In case of Emergency contact: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ Other Telephone \_\_\_\_\_

Relationship: \_\_\_\_\_

**Travel Arrangements**

Your Name \_\_\_\_\_

**Arrival Information**

**Please indicate which of the following apply to your arrival in Teotihuacan**

Standard Arrival **prior to 3:30 PM February 21, 2012**, group bus tentatively scheduled for 4:00 PM

\_\_\_\_\_ I am flying into Mexico City and I will be using the group bus transportation. (Included in trip price) I will be meeting the group bus at the airport. (Please plan to be at the airport at 3:00 PM. Included in trip price)

\_\_\_\_\_ I will be arriving late on the 21st. Please arrange a taxi. I understand that I will be pay for the taxi.\* (We will match you with other travelers when possible and you will split the cost).

\_\_\_\_\_ My flight arrives early on the 21st and I would prefer not to wait for the bus. Please arrange for earlier transportation. I understand that I will pay for the taxi.\* (We will match you with other travelers when possible and you will split the cost).

\_\_\_\_\_ I will be arriving before the 21st and would like to stay at Teotihuacan (we will make arrangements for hotel and a taxi to the hotel. You are responsible for additional costs of lodging and ground transportation\*) I will meet the group at the hotel. Please do not include me on the ground transportation schedule

**Please Enter Your Airline, Flight Numbers, Arrival Times Into Mexico City:**

Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

Airline: \_\_\_\_\_ Departure City (Into Mexico City): \_\_\_\_\_

Flight Number: \_\_\_\_\_

**Departure Information**

**Please indicate which of the following apply to your departure from Teotihuacan**

Standard Departure **after 3:00 PM February 26, 2012**. Bus leaves the hotel at 12:00 PM

\_\_\_\_\_ I will be using the group bus to the airport (Included in trip price)

\_\_\_\_\_ I will be leaving early. Please arrange a taxi. I understand that I will be pay for the taxi.\* (We will match you with other travelers when possible and you will split the cost.)

\_\_\_\_\_ I have a late flight and would prefer to take later transportation. I understand that I will pay for the taxi.\* (We will match you with other travelers when possible and you will split the cost).

\_\_\_\_\_ I will be staying extra nights in Teotihuacan (we will make arrangements for the hotel and taxi to the airport. You are responsible for additional costs of lodging and ground transportation\*)

\_\_\_\_\_ I will not require transportation from Teotihuacan

**Please Enter Your Airline, Flight Numbers, Departure Times From Mexico City:**

Date: \_\_\_\_\_ Departure Time: \_\_\_\_\_

Airline: \_\_\_\_\_ Destination City (From Mexico City): \_\_\_\_\_

Flight Number: \_\_\_\_\_

\* Taxis cost \$65 (from 7:00 AM to 8:00 PM) and \$80 (from 8:00 PM to 7:00 AM)

Cost of Journey to Teotihuacan: \$995.00

Then add a single supplement of \$180.00 if you want to \_\_\_\_\_ have a private room:

Subtract your deposit if you already sent it in: \_\_\_\_\_

Your deposit is due by **January 31, 2012**

Your grand total is due by **February 10, 2012, 2012**: \_\_\_\_\_

Make Checks Payable to: **Toltec Dreaming** or Pay by Visa or MasterCard: **Call Merle at 619-507-0371 or enter information here**

Name on Card: \_\_\_\_\_

Card Number \_\_\_\_\_ Expiration: \_\_\_\_\_

Security Code (last 3 digits on back of card) \_\_\_\_\_ Amount: \_\_\_\_\_

If applicable, please charge this card for my balance on **February 10, 2012**: Yes No

Mail Application & Checks to:

**Merle Preston**  
**3766 31st Street #5**  
**San Diego, CA 92104**

## **Release of Liability and Assumption of All Risks**

**PLEASE READ CAREFULLY: THIS IS A LEGALLY ENFORCEABLE WAIVER OF RIGHTS**

### **Assumption of Risks**

I \_\_\_\_\_, acknowledge that I have voluntarily applied to participate on the trip designated on the accompanying Trip Application. I am voluntarily participating on the tour or expedition with knowledge that travel to foreign countries and/or the remote areas visited by this trip involves numerous risks and dangers including a risk of illness, injury or death, which may be caused by: forces of nature, civil unrest, terrorism, road conditions, injuries inflicted by animals, insects, reptiles or plants, trails, hotels, vehicles, boats or other means of conveyance which are not operated nor maintained to standards common in the United States; high altitude (on certain trips), accident, accident or illness without access to means of rapid evacuation or the availability of medical supplies; the lack of adequacy of medical attention once provided, and negligence on the part of Toltec Dreaming, its affiliated organizations and their employees, teachers, volunteers or other agencies. I acknowledge that the enjoyment and excitement of foreign travel/ adventure travel is derived in part from the inherent risks incurred by travel and activity beyond the accepted safety of life at home or work, and that these inherent risks and the corresponding enjoyment and excitement contribute to the reason for my voluntary participation on this trip.

**I HEARBY ACCEPT ANY AND ALL RISKS OF ILLNESS, INJURY, EMOTIONAL TRAUMA OR DEATH AND VERIFY THIS STATEMENT BY PLACING MY INITIALS HERE:**

\_\_\_\_\_  
**RELEASE**

AS LAWFUL CONSIDERATION for being permitted by Toltec Dreaming to participate on such trips and activities, I hereby agree that I, my heirs, legal representatives or any member of my family will not make a claim against or sue Toltec Dreaming or any of its affiliated agents, employees, teachers or volunteers, for bodily injury, death, emotional trauma or property damage resulting from my participation in the tour or expedition or specific events of the tour or expedition (e.g. sweat lodge, walking adventures, swimming adventures).

### **Release of Liability and Assumption of All Risks (continued)**

**PLEASE READ CAREFULLY: THIS IS A LEGALLY ENFORCEABLE WAIVER OF RIGHTS  
I THEREFOR RELEASE AND DISCHARGE TOLTEC DREAMING, ITS AGENTS,  
EMPLOYEES, GUIDES, LEADERS AND VOLUNTEERS FROM AND AGAINST ANY  
AND ALL LIABILITY ARISING FROM MY PARTICIPATION IN THE TOUR OR  
EXPEDITION EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF  
NEGLIGENCE OR CARELESSNESS ON THE PART OF TOLTEC DREAMING OR  
ITS AFFILIATED AGENTS, EMPLOYEES, TEACHERS OR VOLUNTEERS.**

If any portion of this agreement is unenforceable, the remaining portions shall remain in full force and effect. Under no circumstances shall Toltec Dreaming be liable to any tour participant for more than the land cost of the trip governed by this document. All applications are subject to acceptance by Toltec Dreaming. Upon acceptance of my application, this agreement shall be deemed to have been entered into and be performed at San Diego, California and shall be construed according to the laws of the State of California. In the unlikely event a legal dispute should arise involving any subject matter whatsoever, I agree that the dispute shall be settled by binding arbitration through the American Arbitration Association at San Diego, California. Should this arbitration provision be held unenforceable, I agree that any legal

action shall exclusively be brought before the appropriate State Court in San Diego, California or Federal Court in San Diego, California.

**I HEARBY ACCEPT THE ABOVE PARAGRAPH AND VERIFY THIS STATEMENT BY PLACING MY INITIALS HERE:**

\_\_\_\_\_.  
**Knowing and Voluntary Execution**

I have carefully read and fully understand the contents of this agreement as well as all the conditions as stated under the heading "Terms and Conditions" (see attached pages) including those conditions regarding responsibility borne by trip participants and conditions regarding cancellations and refunds. I am aware, that this is a release of liability and a legally binding and enforceable contract between myself and Toltec Dreaming and I sign it of my own free will.

**EXECUTED THIS \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_**

**Signature \_\_\_\_\_**

**Print Name As Signed \_\_\_\_\_**

## Statement of Psychological and Health Condition

All information provided on this form is kept confidential.

Your full name \_\_\_\_\_ (as it appears on  
your Passport) Home Phone ( ) \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_

Please list any physical disabilities, allergies, conditions, past injuries or any limitations that could limit your participation on the journey:

What medications are you taking or will you take during the journey?  
Please list any precautions and side effects.

Have you been diagnosed with depression, schizophrenia, bi-polar disorder, epilepsy or any other psychological conditions?

Do you have a history of sexual or physical abuse?

Do you have a history of substance abuse?

Do you have a history of suicidal tendencies or a suicide attempt?

I declare this statement is correct to the best of my knowledge. I hereby grant permission to the medical personnel, selected by the journey guides, to review my personal records or to contact the appropriate physician, psychiatrist, health professional or psychologist to obtain additional information on the conditions noted.

I hereby grant permission to the medical personnel, selected by the journey guides to order x-rays, routine tests and treatment for me in the event the emergency contact cannot be reached.

I hereby grant permission to the physician selected by Toltec Dreaming's representative to hospitalize, secure proper treatment

for, and order injections and/or anesthesia for, and/or surgery for me.

I agree to adhere to the decision by Toltec Dreaming's representatives regarding the suitability of my participation in the excursion.

**Please initial after each item and then sign below:**

\_\_\_\_\_

## Terms and Conditions

### **Included**

Total costs for the six day journey to Teotihuacan is \$995, which includes: 5 nights accommodations at The Dreaming House Teotihuacan, all lectures and teachings from our Trip Guides and their designated assistants, entrance fees to the pyramids, all transfers and luggage handling, and ground transportation **provided that you travel at the times noted in our Intro Letter**. Prices are double occupancy. The supplement for a single room, when available, is \$180.00. The single supplement may not be available less. While we cannot guarantee that we can find you a roommate, we make every effort to do so. In the event we are unable to find a roommate for you, you will be required to pay the single supplement cost. Toltec Dreaming reserves the right to raise the trip fee if there are exceptional cost increases beyond our control. Every effort is made to ensure that no cost increases occur. If a cost increase occurs and the necessary increase not meet your satisfaction, you may cancel your reservation, at that time, for a full refund minus the non-refundable expenses. This statement is explained in detail in the CANCELLATIONS AND REFUNDS paragraph of this document.

### **Not Included**

We are not responsible for your round trip transportation from your home to Mexico City. Also not included are items of a personal nature such as laundry, gifts, shopping, beverages, toll calls, excess baggage, medical costs, and the costs of hospitalization and evacuation from remote areas, insurance and additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our reasonable control.

### **Payment**

A \$300.00 dollar deposit, which is non-refundable (unless we cancel the journey), secures your place on the journey. The total balance for the journey is due **February 10, 2012**. **All payments are by money order or cashier's check, made out to "Toltec Dreaming"** or by credit card (Visa or MasterCard).

### **Trip Member Responsibility**

Trip members have the responsibility to select a trip appropriate to their abilities and interests. Trip members are held responsible for being in sufficient good health to undertake the trip. Trip members are responsible for preparing for this trip by studying the itinerary and pre-departure information sent by Toltec Dreaming, and for discussing this itinerary with their personal physician. Trip members are also responsible for bringing the appropriate clothing, medicines, supplies and equipment as advised in the pre-departure information. Trip members are participants in group travel and are expected to hold each other in compassionate regard, and to interact with each other with respect.

## **Cancellation and Refunds**

If cancellation occurs 60 or more days before departure, there will be a loss of \$300.00 dollars which is the total deposit amount. For cancellation 0-60 days prior to departure, no refund will be given - as is the case with a cancellation at the time of departure or after the trip departs. All cancellation notifications must be made to Toltec Dreaming in writing. Any refund requests must be made in writing to Toltec Dreaming within 30 days of the return date. We strongly recommend you purchase Travel Cancellation Insurance if there is a chance you may have to cancel for any reason.

Toltec Dreaming reserves the right to cancel any trip, prior to departure, for any reason whatsoever, including an insufficient number of participants or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph below shall release Toltec Dreaming from any further liability. A trip cancellation due to an insufficient number of participants would normally occur at least a month prior to departure, unless acts of God, war, strikes or other events impede our departure causing large numbers of participants to cancel participation on the journey prior to departure. Toltec Dreaming must make substantial payments to suppliers (including providers of land travel) far in advance of the scheduled date on which we embark. If a trip is cancelled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), Toltec Dreaming will promptly refund the portion of the trip cost not advanced to suppliers (including any moneys set aside for airfare). Toltec Dreaming will use our best efforts to recover advance payments as promptly as possible, and we will refund to you the amount recovered, if any. However, Toltec Dreaming does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to a trip cancellation by client choice following any necessary increase in trip costs.

## **Responsibility/Limitation of Liability**

Toltec Dreaming with a principle place of business in San Diego, California, gives notice that services provided in connection with these itineraries are rendered by suppliers who are not agents or employees of Toltec Dreaming. All of the accommodations, meals, tours, transportation and/or related travel services have been made by Toltec Dreaming only as an agent for the individual tour member. While every effort is made to make travel arrangements with reputable suppliers, a tour member expressly agrees that Toltec Dreaming shall not be liable for any delay, mishap, inconvenience, expense, irregularity, bodily injury or death to person, or damage to property occasioned through the negligence, wrongful or intentional acts, or default of any company or individual engaged in providing these arranged services. Each passenger conveyance, tour company, hotel accommodation, restaurant, etc. is subject to the laws of the state or country where the service is provided. Toltec Dreaming shall not be liable, directly or indirectly, for bodily injury or property damage for any reason whatsoever, including, but not limited to the following causes: acts of God, detention, annoyance, weather, quarantines, strikes, civil disturbance, theft, negligence (including that of Toltec Dreaming), default, changes in government regulations, terrorism, war or failure of conveyance to arrive or depart as scheduled. Toltec Dreaming reserves the right to substitute hotels and tour guides and to alter the itinerary when deemed necessary or advisable. The right is also reserved to cancel any trip prior to departure. Toltec Dreaming is released from any and all liability for cancellation of any trip, or portion thereof, except for payment of a land cost as set forth in the section on "**Cancellation and Refunds**".

## **Responsibility/Limitation of Liability (continued)**

**Toltec Dreaming reserves the right to decline to accept or retain any person whose actions, physical health, mental condition or general deportment impede trip operation or rights, welfare or enjoyment of other trip members. A refund based on the cost of unused land services is the limit of Toltec Dreaming's responsibility.**

Toltec Dreaming is not responsible for any refunds should a presenter advertised as attending or leading a tour or conference cancel for any reason. Toltec Dreaming is not responsible for any physical, mental, emotional, or any other reaction, trauma, or ailment during the trip or occurring afterwards, that participants may experience at the sites or from any leaders, workshops, or sessions of any kind, including private sessions with facilitators or presenters. Attendance on the trip indicates acceptance of this and all other provisions of this responsibility clause. Toltec Dreaming recommends the purchase of appropriate travel accident insurance, baggage insurance, tour operation carrier default protection insurance, and trip cancellation insurance, and has made available explanatory information and policies, and the travel program member has the opportunity to purchase such insurance as protection against certain risks of travel to the planned destination. Travel program members are advised that travel insurance covers only what is included as stated in the travel insurance brochure.

The airlines or transportation companies concerned are not held responsible for any acts, omissions or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole contract between the airlines or transportation companies and the purchase of this travel program and/or passengers.

## **Packing or 'Please, Don't Forget Me' List**

We are delighted that you are joining us for the upcoming excursion. We ask you to carefully read the following information to ensure that your experience is as physically comfortable and spiritually rewarding as possible. Each Journey invariably includes two itineraries. On the physical part of the journey, we each travel as a member of a group to places of extraordinary beauty, power and enchantment. On the inner journey, we travel solo down a long winding road often rife with potholes, detours and rivers to cross with no bridge in sight. The inner journey requires that we bring along all our love and courage to honestly deal with ourselves to separate truth from illusion. The inner journey is potentially the hardest one we ever make. For the physical journey we just need a sense of humor, flexibility and a properly packed bag containing all the things a physical body could need!

### **Mandatory Items**

- √ Passport;
- √ Money for personal items and expenses;
- √ Water bottle suitable for daily use. You should consume purified water only and brush your teeth with it;
- √ Sturdy, well broken in walking shoes;
- √ Enough of your medication for the entire trip in your carry on bag in case your luggage gets lost; and

### **Recommended Items**

- √ Hat or visor;
- √ Suntan lotion;
- √ Bug repellent;
- √ Sunglasses;
- √ Comfortable non-binding clothing in layers for warm days and cool nights;
- √ Bathing suit;
- √ Personal items and toiletries;
- √ Journal for writing;
- √ Poncho for rain;
- √ Back pack or fanny pack for camera, water, snacks, tissues and sweater; and
- √ Alarm clock to be on time!

### **Vaccines and Medications**

As each person's body has different needs, we recommend that you consult with your own doctor or health care practitioner regarding medications and vaccinations.